

Roasted Cauliflower

Quilt and Café

Ingredients

1 head of cauliflower, cut into flowerettes

Olive Oil

Bridgeport Seasoning (or your favorite blend)

Salt and Pepper

Method

Preheat your oven to 400 degrees. Place the cauliflower on a rimmed baking sheet. Drizzle with olive oil and sprinkle with the seasoning blend and salt and pepper to taste. Toss and sprinkle some more. Place in the oven and roast for 20 minutes stirring half way through. Enjoy straight out of the oven or at room temperature. You can also add these to your favorite salad.